

# The Sexual Holocaust: A Brief Synopsis

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## Introduction

We are witnessing a profound change in the way humans perceive and practice sexuality. Today, much of the world is rejecting almost all sexual constraints. Some of the unrestrained sexual behaviors that are becoming normalized today have been practiced in the past and are not new. However, because of the internet, we are witnessing an explosion of unrestrained sexual behaviors that are becoming global, all-pervading, and widely institutionalized.

The globalization and normalization of these unrestrained behaviors is the consequence of *the sexual revolution*. The sexual revolution has been widely celebrated as a wonderful victory where *sexual liberation* has triumphed over *sexual restraint*. In reality, the sexual revolution has resulted in profound harm to all of humanity.

Few people are aware of the profound *costs* of this “anything-goes” sexuality. It can be argued that the sexual revolution has caused more harmful consequences, more bondage, and more victims than any other human tragedy in history. In other words, the sexual revolution has caused a *sexual holocaust*. The suffering associated with the Sexual Holocaust is global in extent, continues to accelerate, and has no end in sight. **The Sexual Holocaust is a multi-dimensional global crisis stemming from unrestrained sexual behaviors that have resulted in profound harm to humanity.**

The goal of this short synopsis is to help people grasp the enormity of the Sexual Holocaust, so that all caring and responsible people might work together to reduce the harm caused by unrestrained sexuality. A referenced and more comprehensive book, *The Sexual Holocaust*, is also available. The magnitude of this global crisis is such that we feel compelled to “sound the alarm.” A large fraction of humanity has been impacted by the Sexual Holocaust. We are talking about *billions* of human beings hurt by the Sexual Holocaust. We will show how unrestrained sexuality negatively impacts all four dimensions of our humanity: the physical, the emotional, the social, and the spiritual. We will show that the four levels of harm act synergistically to amplify the harm.

## Harmful Physical Consequences of the Sexual Holocaust

The harmful physical consequences arising from the sexual revolution are the easiest harms to quantify and document. We can readily access a great deal of information based upon medical research and biomedical statistics. As we will see, unrestrained sexual behaviors cause physical suffering on a global level.

### **Pornography:**

Every imaginable type of pornography is now readily available. It makes up 30% of all internet traffic. It is even being promoted in university classrooms. However, pornography is physically harmful. Pornography physically harms the user's brain. It is called "the new drug" because the effects of pornography on the mind are similar to brain damage caused by illegal narcotics. Pornography also systematically decreases committed intimacy between partners.

A very substantial fraction of all men now use pornography. Many have a porn-addiction. More than 50% of the men ages 18-40 are seriously addicted to pornography. An increasing number of therapists are counseling healthy young men suffering from impotency because of pornography use. Research also shows that men who consume pornography are "more likely to support violence against women, to believe that women secretly enjoy being raped, and to actually be sexually aggressive in real life." Consequently, 94% of the aggression in pornography videos is directed at women and young girls.

A substantial fraction of all women are also using pornography. Among women, 17% of women describe themselves as addicted to pornography. However, what is most concerning is that the largest consumer of internet pornography is 12 to 17-year-olds. The average age of first viewing is 11 years old and is still dropping. *Pornography is harming billions of individuals, in many ways.*

### **Sexually Transmitted Diseases:**

In 2018, 37.9 million people were infected with AIDS worldwide. Globally, it is estimated that there are 5,000 new infections that occurred *daily*. Many sub-Sahara African nations have populations where 10-25% of the people are infected with HIV. According to the World Health Organization, "an estimated 417 million people aged 15-49 (11%) worldwide have HSV-2 (genital herpes) infection." We estimate that in the last two decades, as many as 25% of all people have been infected with an STD. *This suggests that in the last two decades, over a billion people may have had one or more STDs. What is especially concerning is that, about 25% of infected people do not even know they are infected. Of the eight most prevalent sexually transmitted diseases, only half are curable. This means that an enormous number of people who have an STD will have to live with their disease for the rest of their life.*

### **Sexual Violence and Abuse:**

Among women, 35% have experienced physical or sexual violence. One in 4 girls and one in 6 boys will be sexually abused before they turn 18 years old. Victims who are raped can suffer horrible physical harm. Their bodies and their reproductive organs can be severely damaged during rape. Rape or abuse victims are also at risk of being infected by sexually transmitted diseases or having unwanted pregnancies. Rape and domestic violence have been shown to reduce lifespan by one to five years. *In the last two decades, billions of people have been physically harmed by sexual violence.*

### **Slavery and Bondage:**

There are 24.9 million people trafficked worldwide and more than half of these people are sexually exploited. In addition to those being sexually-trafficked, there are forty to forty-two million prostitutes worldwide. Sex trafficking and prostitution rings do not just happen in third world countries where "mail-order brides" are common and girls as young as 13 are given in "marriage."

Sex-trafficking is plaguing prosperous nations as well. In 2015, the Department of Homeland Security in the United States arrested more than 1,400 criminals on human trafficking offenses. Likewise, prostitution is very widespread in both developed and developing countries. As with rape victims, individuals in sexual bondage experience similar consequences, including physical pain, damage to their body, exposure to STDs, and potential unwanted pregnancies. *In the last two decades, there have been at least one billion people trafficked or in bondage.*

### **Ubiquitous Abortion:**

There is an ongoing debate regarding when a human embryo or fetus becomes human, has human value, or has human rights. Regardless of exactly when an embryo or fetus becomes human, medical research shows that induced (intentional) abortions cause more death than anything else we will discuss.

By 10 weeks, scientists say it is possible for a fetus to feel pain in the womb. It is at this point that early abortion procedures would take place. These early forms for abortion forcibly suck the fetus out of the uterus. This can cause women extreme pain, nausea, excessive bleeding, and may lead to further complications with future pregnancies. During the second trimester, abortions are increasingly risky for the mother. The fetus, which can feel pain throughout its body and can survive outside the mother's womb if given support, is torn apart by the physician and removed piece by piece. Broken bones from the fetus are a serious risk to the mother because they can puncture her uterus and damage her reproductive organs. The placenta is also tightly adhered to the uterus wall and considerable scraping is necessary to detach it from the mother. During the third trimester, abortions cause the greatest risks for the mother and fetus. A long needle containing a lethal chemical, is injected into the fetus. Over 2-3 days the fetus slowly dies.

There are misconceptions surrounding the abortion debate. Many champion abortion because they claim: (1) it is safe; (2) it is the mother's choice; (3) it is a resource for rape victims who suffer from unwanted pregnancies; (4) most abortions are due to the mother's health; or 5) because the fetus is inviable. The reality is much more complex. Abortion is not necessarily safe, is not necessarily a women's choice, is very seldom related to rape, is seldom beneficial to a women's health, and is seldom due to fetal health. Abortion is primarily the result of unrestrained or irresponsible sexual behavior.

*Global abortion rates eclipse all other causes of death. Every year there are roughly 50 million abortions globally. Abortions claim more lives every year than the top ten leading causes of death combined. In the last generation, over 1.5 billion developing lives have been intentionally terminated worldwide.*

## **Harmful Emotional Consequences of the Sexual Holocaust**

It should be obvious that the physical harms that arise from unrestrained sexual behaviors will almost always bring with them serious emotional harms. What may not be so obvious is that the emotional pain caused by unrestrained sexual behaviors far outweighs the physical pain in both severity and longevity.

### **Loneliness:**

Technology has shaped our forms of communication, even our sexual communication. However, the dramatic increase in loneliness over the past few decades is due most directly to the ideas promoted through the sexual revolution. The sexual revolution is a very significant factor driving the increase of loneliness through pornography, television, movies, and social media. It perpetuates weak family connections and promotes the revolving door of relationships. According to Dr. Vivek H. Murthy, former Surgeon General of the United States, “loneliness and weak social connections are associated with a reduction in lifespan similar to that caused by smoking 15 cigarettes a day and even greater than that associated with obesity.”

*Studies show that loneliness is now pandemic. Unrestrained sexual behaviors due to the breakdown in committed relationships, the breakdown of marriage, and the breakdown of family are a major factor contributing to the loneliness pandemic. Loneliness is now one of the top fears in the world.*

### **Rejection:**

Rejection is the spurning of another person's affections. It is not a new phenomenon; however, the Sexual Holocaust is amplifying the pain of rejection. Rejection directly impacts our sense of human worth by undermining our identity. A primary reason the Sexual Holocaust is so harmful is because it corrupts our sense of self. In this hyper-sexualized culture, an individual's worth is largely measured by sex-appeal. However, sex-appeal is shallow and vain and sets us up for rejection. According to Dr. Guy Winch, a psychologist, rejection hurts more than any physical pain because, as humans, we relive social pain more vividly than physical pain. If we recall a time when we were physically hurt, it does not normally make our body start hurting again. However, if we recall a time when we were rejected, we hurt all over again. *Rejection can actually affect our mental capabilities, increase negative emotions, and can influence adolescent violence more than drugs, poverty, or gang membership.*

### **Depression:**

According to WHO, “300 million people around the world have depression.” Depression is the third leading disease worldwide. Sometimes depression is caused by an imbalance of chemicals in the body or due to genetics. However, more recent studies indicate that the biological factors influencing depression are very significantly affected by our lifestyle and our harmful experiences. The *German LAC Depression Study* showed that more than 75% of those suffering from depression experienced some form of trauma as a child. This study also showed that multiple traumatic experiences lead to more severe symptoms of depression. It also suggested that children who suffered from emotional or sexual abuse exhibited more severe symptoms of depression as an adult. Epigenetic studies further substantiate the finding that a genetic vulnerability will only lead to depression if the individual experienced simultaneous early traumatization. It is, therefore, not difficult to see that though depression may be influenced by genetic factors, often the direct cause of depression is trauma (such as physical and emotional trauma as arises due to the Sexual Holocaust). *It should be clear that the Sexual Holocaust is a primary factor contributing to the large number of individuals suffering from depression.*

### **Suicide:**

Depression that cannot be managed leads to suicide. The Sexual Holocaust is responsible for causing vast amounts of emotional pain, trauma, and suffering. These are the primary things that cause suicide. According to the WHO, 800,000 people a year commit suicide, about 1 person every 40 seconds. “There are indications that for each adult who died by suicide there may have been more than 20 others attempting suicide.” *Suicide “is the second leading cause of death among 15-29 year-olds, globally.” It should be obvious that “anything-goes” sexuality is a very significant component of depression and suicide.*

## **Harmful Social Consequences of the Sexual Holocaust**

The changes brought about by the sexual revolution have resulted in the destabilization of society. Social harms amplify and transcend the physical and emotional pain discussed in the previous two sections.

### **The Breakdown of Marriage:**

The idea of “free love” promoted by the advocates of the sexual revolution has systematically weakened the institution of marriage globally. Across the world, marriage rates are declining. Some nations are seeing their lowest marriage rates in recorded history. Many things are working together to undermine marriage. The hookup culture, pornography, divorce, and cohabitation are all leading to the breakdown of marriage. However, the tipping point in the United States seems to have been the 2015 Supreme Court case *Obergefell vs. Hodge*, which declared that the 14<sup>th</sup> amendment “requires a state to license a marriage between two people of the same sex.” Since that time, advocacy for the “anything-goes” sexuality has exploded. Marriage is now largely whatever people want it to be. The term is losing its meaning. If marriage is “whatever arrangement is preferred,” then logically, we can expect weekend marriages, polygamous marriages, incestuous marriages, child marriages, and perhaps even bestial marriages. This may seem extreme, but is not, given the rapid social breakdown we are witnessing. Once society says marriage is arbitrary and love is relative, *everything* becomes normalized—including physical relationships with non-humans.

A new technology, similar to the Google or Alexis artificial personalities, has been created by the Japanese company, Gatebox, which advertises a “new breed of ‘partner.’” It “is designed to replace a real-life relationship with a virtual girlfriend.” Technology is also making a way for artificial, *physical* relationships by taking “sex toys” to a whole new level. Sex toys and sex dolls are already commonly marketed around the globe, but extremely realistic robots are beginning to replace, not only the toys, but human partners. Dr. Ian Pearson, a futurist and speaker in London, UK, predicts that “people will be having both emotional and casual sex with robots by 2030.” He also predicts that “human-robot sex will eventually overtake human-human sex by 2050.”

*“Anything-goes” sexuality is rapidly transforming marriage into being any mutually acceptable and convenient arrangement. This is a long way from the time-proven and stabilizing institution of traditional marriage. The breakdown of marriage will be devastating for countless children.*

### **The Breakdown of the Family:**

As marriage rates decline, so do birth rates. Marriage and birth rates have declined so much that many nations are watching their population size implode. Divorce, cohabitation, surrogacy, and promiscuity are creating “fluid” families that are formed and reformed according to human convenience, rather than naturally forming as a result of conventional marriage. These fluid structures create instability in the family and effect children negatively, impacting their relationships for the rest of their lives.

Today, reproductive technologies are radically circumventing what a normal family looks like. It is now easy to genetically determine the gender of a developing embryo. “Differential gender mortality has been a documented problem for decades, and led to reports in the early 1990s of 100 million ‘missing women’ across the developing world.” Though the practice of abandoning unwanted babies to die is not new, technology is now assisting with this process by terminating them *in utero*. This “‘surplus’ of males” is leading to “antisocial behavior and violence, threatening societal stability and security.” A study in India concluded that there is “a clear link between sex ratio and violence as a whole.” *Selective abortions will clearly result in both the breakdown in marriage and the breakdown in family.*

### **Redefining the “Child:”**

Altering the definition of marriage has led to a new type of family and both of these developments are leading to a new type of child. It starts simply enough, with surrogacy—giving the intended parents the choice of who will be the surrogate mother and who will be the egg and sperm donors for their children. With advancements in genetic research, parents will be able to pay to have their child genetically engineered. Experiments have shown that DNA alterations can reduce the risk of some diseases, such as HIV, cancer, or sickle cell disease. However, scientists at the Wellcome Sanger Institute have discovered that CRISPR/Cas9 gene editing can cause greater genetic damage in cells than was previously thought. Genetic modification creates the risk of a host of unknown consequences. Human cloning is the next logical step, and is already beginning. It is already feasible for an adult to make a clone of themselves. Cloning, like genome editing, will create new physical, emotional, and social harms we cannot even imagine. *The traditional biological family and the parent/child relationship is rapidly eroding.*

### **Institutionalizing “Anything-Goes” Sexuality:**

Most major social institutions are now aggressively promoting “anything-goes” sexuality. Hyper-sexualization of our culture has been primarily driven by the sex-saturated entertainment industry. Government and radical political advocacy groups are also helping to promote and normalize “anything-goes” sexuality. Even our education systems are creating standards for sexuality that are sexually explicit and extreme. Institutions advocate unrestrained sexuality as a way to affirm children who might have homosexual or transgender feelings. It is often argued that such feelings are in-born. However, there is evidence that many specific sexual behaviors are primarily learned. *In this light, institutions today seem to be encouraging children to experiment with unrestrained sexual behaviors. Shouldn’t institutions rather be warning children of the physical, emotional, social, and spiritual harms of unrestrained sexual behavior?*



## Harmful Spiritual Consequences of the Sexual Holocaust

There is more sexual freedom today than ever before. Almost everyone, including young children, has easy access to every possible type of sexual stimulation. There is more money spent today on sex-related health care and sex education than ever before. However, more than 50% of the world's population is unhappy with their sex-life and pain, disease, addiction, death, depression, suicide, divorce, etc. continue to increase—with no end in sight. This should tell us that our world is broken, and the cause of this brokenness is most fundamentally *spiritual*.

### Vain and False Identities versus Our True Identity:

Our self-worth depends on finding our true identity. *Vain identities* are not true or lasting identities but are temporary or superficial. In our hyper-sexualized world, people seek value through sex-appeal, sexual orientation, declarations of certain rights, and a myriad of other concerns. However, each of these is a vain identity. Likewise, *false identities* are neither true nor lasting. False identities are when individuals claim to be something other than what they really are. This can be due to a willful denial of an obvious truth (the belief that truth is personal, and so people can define their own truths), or it can be delusional (a psychological disassociation from reality).

We believe the reason for the focus on vain or false identities is because people are desperately searching for their true worth. Humans want purpose, meaning, and value. When we cannot find these things, we invent identities to fill the void. However, we assert that our true identity is not temporary or arbitrary. Our identity does not come from ourselves. *We suggest that as humans, our identity comes from God. We are each created in the image of God. We are loved by God and we have value simply because God chose to give us life. This identity is available to all humanity.*

### Guilt and Shame:

Most unrestrained sexual behaviors are followed by some form of shame, guilt, discomfort or confusion. The inherent guilt that is associated with unrestrained sexual behaviors arises from our conscience and warns us of the multiple harms caused by “anything-goes” sexuality. *As we normalize irresponsible behaviors, in our culture and in our individual lives, our sensibilities change. At some point, we can become capable of doing things we know are wrong, even without experiencing a healthy dose of remorse. We should not ignore our consciences.*

### Destruction of True Love:

The ideology being promoted today by the sexual revolution advocates that “love always affirms.” We suggest that true love is the opposite of the supposed “love” promoted by the sexual revolution. *True love is willing to be restrained because true love puts God and others first. True love gives warning to those pursuing dangerous and destructive behaviors.* Because we are spiritually broken, we are easily seduced into thinking that personal restraint is a bad thing. Our hearts may not be in the right place. It is easy for us to be persuaded that selfishness should triumph over responsibility. However, we are meant to go beyond ‘self.’ *True love cares. True love is faithful. True love is self-sacrificing. True love warns.*

### Eternal Consequences:

The Sexual Holocaust causes physical, emotional, and social death. Most importantly, it also leads to spiritual death. Since we are given the *ability* to choose between right and wrong and the *freedom*

to choose, we will be held *responsible* for our choices. Most people agree there is an after-life and that there will be consequences in the next life. Some people wish to believe there will be no consequences and that we somehow will all just blend together with the cosmos. However, when people are asked about the most horrible behaviors (child molesters or mass murderers), almost all people want to see some type of justice done, even in the next life. In the end, we all want justice done. If justice is done in the next life, surely it will be God (not us), who will do the judging. *God directs us toward healthy and responsible sexual behaviors for our own good and for the good of those around us. He gave us a conscience to reinforce those truths.*

## The Sexual Holocaust Summary

Today, many unrestrained sexual behaviors are being actively promoted and normalized. All of our major institutions (our governments, our schools, the media) are aggressively pushing for anything-goes sexuality. The result is profound physical, emotional, social, and spiritual harm—impacting billions of individuals. The sexual revolution has marginalized marriage, family, and children, and the outcome is a profound breakdown within our society. We have made a commodity out of sex, we have objectified each other, and we are starting to produce designer children. We should not be surprised that loneliness, rejection, depression and suicide are all on the rise.

As difficult as these topics are to address, we believe that there are a great number of people who will be able to see the urgency of our message and will join us in urging sexual responsibility and restraint. The cost of ignoring this crisis is unspeakably high. If we fail to address this crisis, we will be sacrificing our children's physical health, emotional health, social health, and spiritual health.

Thank you for hearing this urgent warning. For those of you who care, thank you for your earnest concern for the victims of the Sexual Holocaust. Let us all warn the people we love. Let us sound the alarm within those circles where we have some influence. Let our sexual relationships exemplify stable, fulfilling, committed, and loving relationships.

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